PASSION FOODS®

TREASURES OF THE TIDES
SHRIMP DUMPLINGS

Treasures of the Tides Shrimp Dumplings are handcrafted bites of color and flavor — wrapped in delicate beet, carrot, and spinach sheets that gleam like jewels from the sea. Inside, tender shrimp is gently seasoned and nestled like a hidden treasure, celebrating the perfect harmony of land and ocean.

INGREDIENTS

Filling (60%): Shrimp (40.92%) (Penaeus vannamei), coriander, pepper, soy sauce (water, soybeans, wheat, salt), sugar, yeast extract, salt, sesame oil, wheat flour. Skin (40%) – varies by color: Red Gyoza (Beet): Wheat flour, tapioca starch, refined soybean oil, salt, water, beetroot juice. Black Gyoza (Squid Ink): Wheat flour, tapioca starch, refined soybean oil, salt, water, vegetable carbon. Green Gyoza (Spinach): Wheat flour, tapioca starch, refined soybean oil, salt, water, spinach. Orange Gyoza (Carrot): Wheat flour, tapioca starch, refined soybean oil, salt, water, paprika extract.

ALLERGEN
Crustacean Shellfish (Shrimp), Soy, Wheat, Sesame.

Nutrition Facts

1 serving per container
Serving size 4 pieces

Amount Per Serving	
Calories	**133**
	% Daily Value *
Total Fat 5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 250mg	19%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 5g	
Vitamin D 1.1mcg	5.7%
Calcium 35mg	4%
Iron 0.3mg	1.6%
Potassium 23.2mg	0.5%

* The Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



COOKING INSTRUCTIONS

Cook from frozen - do not thaw. Steam over boiling water for 10-12 minutes. Use liner to avoid sticking.

STORAGE & SHELF LIFE

Keep frozen at -18 degrees C or below. Shelf life: 18 months frozen. Do not refreeze after thawing.
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